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Shapeshifting Into Higher Consciousness: Heal and Transform Yourself and Our World with Ancient Shamanic and Modern Methods. Combining shamanism, spirituality, ecology and activism, Llyn Roberts shares her years of experience with indigenous healers who come from cultures that know how to shapeshift realities.

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Award winning author, Llyn Roberts is a prominent teacher of healing and shamanism. Her books include Shamanic Reiki, The Good Remembering, and the Independent Publisher's award-winning Shapeshifting into Higher Consciousness. Her most recent book, Speaking with Nature, coauthored with Sandra Ingerman, is a Nautilus Gold award-winner.

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9 Comments / Intuitive Healing, Love Yourself / By Jodi Aman. A year ago, I decided to do something to nurture my soul. Go to Shapeshifting Into Higher Consciousness Retreat. Working hard to build my practice, study and teach Narrative Therapy, and attend to my family and home, I had been neglecting myself. I looked for a retreat that allowed me to pause my hectic life and spend time inside my heart rather than in my head.

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Exercise: How to Shape-Shift. 1. Close your eyes and allow yourself to become deeply relaxed. As a suggestion, have a friend drum a very steady, continuous beat. (This is a traditional method to shape-shift.) Or play music designed for relaxation, which can help you enter into an altered state of consciousness. 2.

How To Shapeshift - Heal Your Life

Shapeshifting into Higher Consciousness. Heal and Transform Yourself and Our World with Ancient Shamanic and Modern Methods. By: Llyn Roberts , John M. Perkins - introduction. Narrated by: Leslie Howard. Length: 10 hrs and 48 mins. Categories: Religion & Spirituality , Other Religions, Practices & Sacred Texts.

Shapeshifting into Higher Consciousness by Llyn Roberts ...

Each year IPPY honors excellence in a

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broad range of subjects, rewarding authors and publishers who 'take chances and break new ground.'. Llyn presents a potent combination of healing, spirituality, activism, ecology and shamanism by which you can effect positive personal and global change. ~ Cygnus. “ Shapeshifting Into Higher Consciousness is a living breathing experience of the power within each of us to radiate the creativity of life itself.

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Llyn Roberts is a prominent teacher of healing and shamanism. Title Shapeshifting into Higher Consciousness. Awarded a Bronze IPPY in New Age(Mind Body Spirit) category of 2012 Independent Publisher Book Awards 2012. See details- Shapeshifting into Higher Consciousness: Heal and Transform Yourself and Our Wor

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Shapeshifting is a spiritual journey, a very tough one, but very rewarding, linking us with both the fundamental power of animals and with the higher self. It has a purpose and reality far beyond simply using shifter abilities for earthly benefits; it can lead us through the unseen veil that separates us from our Selves.

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Shapeshifting is a spiritual journey, a very tough one, but very rewarding, linking us with both the fundamental power of animals and with the higher self. It has a purpose and reality far beyond simply using shifter abilities for earthly benefits; it can lead us through the unseen veil that separates us from our Selves.

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Llyn Roberts shares her years of experience with indigenous healers, shamans, and Elders who come from cultures that know how to shapeshift realities. She translates ancient techniques into easy to understand modern practices that you can use every day to transform personal imbalances, open to your life purpose, deepen your relationship with spirit and nature, and reclaim your power to make a positive difference in the world.

After 'Hit Man' The New York Times bestseller Confessions of an Economic Hit Man documents John Perkins' extraordinary career as a globe-trotting economic hit man. Perkins' insider's view leads him to crisis of conscience--to the realization that he must devote himself to work which will foster a world-wide awareness of the sanctity of indigenous peoples, their cultures, and their

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environments. Perkins' books demonstrate

how the age-old shamanic techniques of

some of the world's most primitive

peoples have sparked a revolution in

modern concepts about healing, the

subconscious, and the powers each of us

has to alter individual and communal

reality. Many indigenous cultures practice

shapeshifting. Native American hunters

take on the spirit of their prey to ensure a

successful hunt; Asian medicine men

"ingest" a sickness to heal the one

afflicted; Amazon warriors become

jaguars to soundlessly travel the jungle.

Those who shapeshift understand that all

of life is energy and that by focusing your

intent you can change energetic patterns,

rendering a new form. Shapeshifting can

occur on three levels:

cellular--transforming from human to

plant or animal; personal--becoming a new

self or leaving an addiction behind; and

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consciousness, heal and institutional--creating a new business or cultural identity. Since 1968, master shamans in Africa, Asia, the Middle East, and the Americas have been training John Perkins to teach the industrial world about the powerful techniques involved in shapeshifting. His groundbreaking book takes you to deserts and jungles, mountains and oceans, medical research centers and corporate board rooms to learn the step-by-step methods of this practice that integrates ancient and modern techniques to bring about profound healing.

Through the ages spiritual teachers, healers and shamans of all traditions have been telling us that there is another world behind this one. One of powerful, loving energies, and beings of light. Their voices speak to us, and if we are prepared to listen, they will change our lives, and our

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planet's future. The Good Remembering is an inspired rendering of the collective wisdom of these voices, drawing on native wisdom from around the world.

Shamanic And Modern

Shamanic Reiki introduces techniques that healers and Reiki practitioners can draw on to tap ancient healing wisdom.

Shamanism and Reiki are, by themselves, powerful ways to heal. Together, their power multiplies, and healing methods become available that aren't accessible if used separately. The purpose of Shamanic Reiki is to introduce you to concepts in both and provide you with detailed proven methods to enhance your own healing practices.

Connecting with nature and nature beings to help heal us and the Earth • Provides experiential practices to communicate with nature and access the creative power of the

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Earth • Shares transformative wisdom and teachings from conversations with nature beings, such as Snowy Owl, Snake, Blackberry, Mushroom, and Glacial Silt, exploring the role of each in bringing balance to the planet. Nature and the Earth are conscious. They speak to us through our dreams, intuition, and deep longings. By opening our minds, hearts, and senses we can consciously awaken to the magic of the wild, the rhythms of nature, and the profound feminine wisdom of the Earth. We can connect with nature spirits who have deep compassion and love for us, offering their guidance and support as we each make our journey through life. Renowned shamanic teachers Sandra Ingerman and Llyn Roberts explain how anyone can access the spirit of nature whether through animals, plants, trees, or insects, or through other nature beings such as Mist or Sand. They share

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transformative wisdom teachings from their own conversations with nature spirits, such as Snowy Owl, Snake, Blackberry, Mushroom, and Glacial Silt, revealing powerful lessons about the feminine qualities of nature and about the reader's role in the healing of the Earth.

They provide a wealth of experiential practices that allow each of us to connect with the creative power of nature. Full of rich imagery, these approaches can be used in a backyard, in the wilderness, in a city park, or even purely through imagination, allowing anyone to communicate with and seek guidance from nature beings no matter where you live. By communing and musing with nature, we learn how to speak to the spirit that lives in all things, bringing balance to us and the planet. By tapping into the feminine wisdom of the Earth, we evoke a deep sense of belonging with the natural

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consciousness, heal and transform yourself and our world with ancient and modern methods. SHAPESHIFTERS are people with animal medicine, people who can connect with and use their animal powers. Those with access to this magical power can shift mentally, astrally, or even physically into their power animal or totem. Rosalyn Greene's ability to shift, both mentally and astrally, combined with her extensive study of the secret shapeshifting folklore, has resulted in this fascinating examination of all aspects and forms of shifting. This unique book helps you realize your potential for being a shapeshifter, giving detailed explanations about how the various forms of shifting occur. She shows you how to distinguish powerful visions, anxiety attacks, and imagination from real shifting, as well as

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how to recognize the warning signs of an imminent shift. Since there can be dangers and risks on both the mundane and psychic levels when you pursue the path of a shifter, many of the potential dangers associated with specific practices are carefully outlined. Shapeshifting is a spiritual journey, a very tough one, but very rewarding, linking us with both the fundamental power of animals and with the higher self. It has a purpose and reality far beyond simply using shifter abilities for earthly benefits; it can lead us through the unseen veil that separates us from our Selves.

Shapeshifting with Our Animal

Companions takes us on a journey with animals for personal transformation and enlightenment. It reveals how shapeshifting with the animal kingdom lets us experience different forms of

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Shapeshifting Into Higher Consciousness and expand our perception of the world.

Transform Yourself And Our World With Ancient Shamanic And Modern Methods

To learn to think like a shaman is to attune yourself to a magical spectrum of infinite possibilities, unseen truths, alternative realities, and spiritual support. When a shaman likes what's happening, they know how to make it better, and when they don't, they know how to change it. The Shaman's Mind is a book that teaches the reader how to align and transform their own mind into one that sees the world through the lens of the indigenous healers of old. Based on the Omega workshop by the same name.

In this extraordinary book, shamanic dream teacher Robert Moss shows us how to become shamans of our own souls and healers of our own lives. The greatest contribution of the ancient shamans to

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consciousness heal and transform yourself and our world with ancient shamanic and modern methods

modern healing is the understanding that in the course of any life we are liable to suffer soul loss — the loss of parts of our vital energy and identity — and that in order to be whole and well, we must find the means of soul recovery. Moss teaches us that our dreams give us maps we can use to travel to the places where we can find and bring home our lost or stolen soul parts. He shows us how to recover our animal spirits and ride the windhorse of spirit to places of healing and adventure in the larger reality. We discover how we can heal ancestral wounds and open the way for cultural soul recovery. You'll learn how to enter past lives, future lives, and the life experiences of parallel selves and how to bring back lessons and gifts. "It's not just about keeping soul in the body," Moss writes. "It's about growing soul, becoming more than we ever were before, embodying more of the Greater Self."

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Consciousness, Heal And Transform Yourself And Our World With Ancient Shamanic And Modern Methods

With fierce joy, he incites us to take the creator's leap and bring something new into our world.

A practical guide to connecting with plants through ceremony • Explains how to commune with plants and their spirits through the traditional shamanic method of “plant dieting” to receive their teachings and guidance • Details 8 ceremonial plant initiations centered on common, easily recognized plants and trees such as primrose, dandelion, oak, and dog rose • Provides instructions to develop your own sacred plant initiations and make ceremonial plant elixirs • Includes four audio journeys to facilitate plant initiations In this guide to sacred plant initiations, medical herbalist and shamanic practitioner Carole Guyett explains how to commune with plants and their spirits through the traditional

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shamanic method of “plant dieting.” A plant diet involves ingesting a particular plant over a period of time so you regularly receive the plant’s vibratory energy as well as its medicinal actions.

Adding a ceremonial element to plant dieting offers a sacred initiation by the plant world, allowing you to connect deeply with all aspects of a plant, receive its sacred teachings, and forge a relationship for guidance and healing, benefitting both yourself and others. Each of the eight ceremonial plant initiations detailed in the book was personally developed by the author through extensive work with her ceremonial groups. They each center on an easily recognized plant or tree such as primrose, dandelion, oak, and dog rose. These common plants have powerful teachings and healing guidance to share with those who communicate with and honor them. The initiations, for both

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consciousness. Individual and groups, work with the Wheel of the Year, honoring each plant's sacred timing and connecting with one of the eight Celtic and Pre-Celtic Fire Festivals--the solstices, equinoxes, and the holy days of Beltane, Lughnasadh, Samhain, and Imbolc. Offering practical instructions so you can develop your own sacred plant initiations, the author also includes access to 4 audio journeys to facilitate the initiations in the book. She also explains how to make plant elixirs for use in plant diets and for healing. She shows how connecting with plants allows us to deepen our relationship with Nature, access higher levels of consciousness and spiritual realms, and facilitate the full flowering of human potential.

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